



TOP 10 TIPS FOR EXAM SUCCESS

1 Know your school's application process

- Each school has a different application process.
- Look up each school's website and look at their process. Some include multi-stage tests and some may even have interviews.
- Keep track of important deadlines regarding each application.
- If two schools hold their exams on the same day, call both and ask if they can provide alternative arrangements. If not, choose one out of the two.
- Make sure you know when, where and how to apply.
- Tutor Rise has a list of some top grammar schools and what test they require below:
<https://www.tutorrise.com/grammar-school-list/>

2 Spread out your exam preparation

- We generally recommend children start preparation at least a year in advance.
- You might need to revisit topics a few times.
- Break down learning into bite-size chunks.
- These exams are designed so that you cannot cram for them!
- Cramming in the last couple of months is stressful and is an unsustainable style of preparation.

3 Work on English everyday

- You can support your child's English learning by encouraging them to read from a variety of sources such as online articles, poems and novels. Ask them to share their thoughts about what they read and encourage them to use a dictionary to look up words they don't know.
- Use Tutor Rise's vocabulary booster with 1000+ antonyms and synonyms to rapidly boost your child's 11 plus vocabulary. <https://www.tutorrise.com/product/11-plus-vocabulary-booster-1000-antonyms-and-synonyms-book-1/>
- Keep an eye out on Tutor Rise's blog for more advice and for a curated booklist to get your kids reading more. <https://www.tutorrise.com/17-great-books-for-8-to-10-year-olds/>

4 Bring Maths to life

- Incorporate Maths into your daily activities.
- For example:
 - Ask your child to help add up the prices of items on a receipt.
 - Ask your child to use percentages by calculating the prices of items on sale.
 - Bake together and ask your child to convert weights and measurements.

5 Know your child's level

- Identify the gaps in your child's knowledge and address them.
- Talk to your child's teachers to get an idea of where your child needs more support and how they have been coping.
- If your school cannot help you assess your child with regards to exam preparation or you want more insight into your child's individual needs, get a professional assessment from Tutor Rise. <https://www.tutorrise.com/contact-us/>

6 Achieve a good work-life balance

- Get into a routine of learning outside school so your child knows what to expect. Part of Tutor Rise's service is to offer a well-structured timetable of tuition.
- Positively reinforce your child and make sure to keep checking in on their emotional wellbeing to nip any concerns and stress in the bud!
- Tutoring can establish a teacher-student relationship which helps children focus and engage with study time. Tutor Rise are 11+ experts with many success stories and an excellent track record of helping our children gain admission to top schools in the country.
- Tutoring can also help children tackle specific problem areas that might require some extra attention.
- Hear what some of our clients say <https://www.tutorrise.com/testimonials/>

7 Use your holidays wisely

- Remember to keep your children engaged during the holidays so they don't forget everything they've been working hard at. However, ensure their holidays are packed with lots of fun activities as too much work can be counter-productive!
- Consider intensive courses online to keep ahead.
- Tutor Rise provides school holiday tuition and an intensive summer course to help our children stay ahead of the competition. These courses are engaging and are flexible enough to not disrupt holiday plans.
- <https://www.tutorrise.com/11-plus-intensive-summer-courses/>

8 Mock tests

- Mock tests offer something different than just doing full practice papers at home. A mock test mimics test conditions. This will help assess how well your child can work independently and help them feel confident going into tests.
- Tutor Rise holds mock tests.
- <https://www.tutorrise.com/11-plus-mock-tests/>

9 Strategic learning

- Once you've built a good foundation of knowledge, work on exam technique.
- Tutor Rise has a strong focus on using exam technique to get ahead. This is how to stay ahead of the competition and will supplement their academic knowledge.
- Exam technique includes:
 - Reading instructions clearly
 - Recognising question type
 - Learning how to maximise marks for each question type
 - Time management
 - Checking over work at the end
 - Doing corrections

10 Maintain a positive attitude!

- Children pick up on stress and worry. Try to be calming and have a positive outlook so that your child isn't burdened by stress.
- Remember to keep things in perspective. Remind your children that their exam performance doesn't affect their self-worth.
- Every child has a different way of learning and different strengths. Try not to compare your child to others. Focus on assessing and responding to your child's unique needs.
- Plan a fun activity after exams to help keep your children motivated and to positively reinforce their hard work!

For more detailed information, head to Tutor Rise's website and look at our **11+ Exam Ultimate Parents' Guide: Secure Steps to Success**. This is a must-have guide for anyone serious about helping their child excel in the 11+ exam.

<https://www.tutorrise.com/product/11-plus-exam-secure-steps-to-success/>